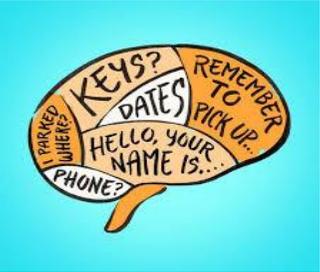
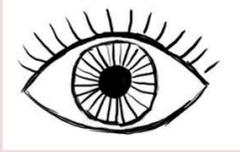
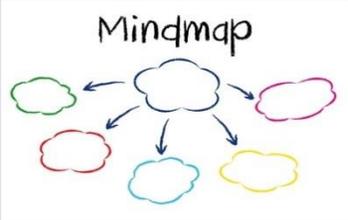
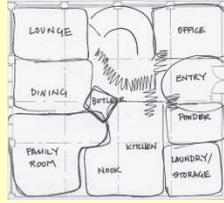


A range of useful strategies to encourage pupils to remember what they learn and to develop metacognition.

<p><b>My Memory Strategies</b></p> 	<p>Repeat, repeat, repeat ...</p> <p>71634, 71634, 71634, 71634, 71634 ....</p>	<p><b>Visualise</b></p> 	<p><b>Chunk</b></p> <p>BBCITVGMT ↓ BBC ITV GMT</p>
<p><b>Mnemonics</b></p> <p>was = White As Snow</p> <p>said = Sally Ann Is Dancing</p>	<p><b>Mindmap</b></p> 	<p><b>List</b></p> 	<p><b>Colour code</b></p> <p>Animals </p> <p>Food </p> <p>Habitat </p>

## Link to place



e.g. link an item to each room in a house

## Highlight key information

**P. E kit**

*Cooking ingredients*  
*Maths homework*

## Count items to remember



## Jot it down



## Rhythm + rhyme

*I ate and I ate*  
*Until I was sick on*  
*the floor*  
*8 x 8 is 64*

## Look for patterns

*light, sight, night, fight*

5 10 15 20 25 30

*odd even odd even odd even*

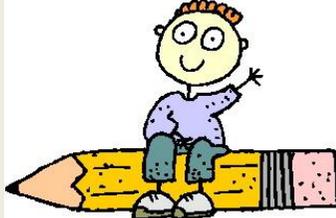
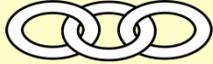
## Take a photograph



## Voice record



e.g. talking postcard

<p>Put it into a song!</p> 	<p>Draw a picture/ diagram/ table/ comic strip</p> 	<p>Pairs game</p> 	<p>Sentence chains</p>  <p>Make a story out of each word or idea to remember</p>
<p>?</p> <p>Make up some quiz questions about items to remember</p>	<p>What do I need to remember?</p> <p>What will help me remember it?</p>	<p>Can I think of any other ways that help me remember?</p> 	